LEMON GREEN BEAN SALAD

1/2 lbs green beans (fresh or frozen), steamed and cooled Zest of 1/2 lemonJuice of 1/2 lemon2 tbsp feta cheese1 tbsp slivered almondsOlive oil drizzleSalt and pepper to season

Combine all ingredients and enjoy! This salad pairs well with fish! To make a complete lunch, add 1 cup quinoa to the salad.

Jenny Hagendorf MS, RDN, LD www.mynutritionstudio.com