

## Chewy Granola Bars

### INGREDIENTS

1 cup packed dates, pitted  
1/4 cup local honey  
1/4 cup natural peanut butter  
1 cup almonds, loosely chopped  
1 1/2 cups rolled oats  
1/4 tsp cinnamon  
1/8 tsp salt

### INSTRUCTIONS

Process dates in a food processor until a "dough" like consistency. Place oats, almonds, and dates in a bowl- set aside. Warm the honey, peanut butter, cinnamon, and salt in a small saucepan over low heat for about 1-2 minutes. Stir and pour over the oat mixture and combine. Transfer into an 8X8 baking dish or other small pan lined with plastic wrap. Press down REALLY REALLY well. Cover with plastic wrap, and let set in the freezer for about 30 minutes to harden. Freezing allows for stress-free cutting without crumbling. Remove bars from the pan and slice into 10 bars.