

Caprese Salad with Chicken

INGREDIENTS

2, 4-6 oz chicken breasts, grilled
2 large handfuls field greens
3-4 Campari or Roma tomatoes, sliced
2-4 oz fresh mozzarella, sliced
Small handful fresh basil, torn into pieces
1-2 tbsp olive oil
1/4 cup balsamic vinegar
Salt and pepper to taste

INSTRUCTIONS

In a small saucepan, place 1/4 cup balsamic vinegar on medium heat. Heat until vinegar reduces and become syrup-like. Do not burn. Take off heat and let cool. While syrup is cooking, arrange field greens, tomatoes, 2 oz sliced mozzarella, and torn fresh basil on a plate.

Slice grilled chicken and spread throughout salad. Drizzle with olive oil, season with salt and pepper, and drizzle balsamic reduction over salad.

Makes 2 salads.