

Bruleed Grapefruit

INGREDIENTS

1 grapefruit, cut in 1/2
2 tbsp coconut crystals
Dash of cinnamon

INSTRUCTIONS

Preheat oven to broiler setting. Sprinkle 1 tbsp coconut sugar over grapefruit 1/2. Sprinkle dash of cinnamon over as well. Put under oven broiler for 1-2 minutes, until coconut crystals caramelizes. Remove from oven and let cool slightly before enjoying!