

Black Bean Mango Salsa

1, 15 oz can black beans, rinsed and drained
1 mango, diced
1/2 red onion, diced
1-2 serrano peppers, minced (no seeds)
2 tbsp chopped cilantro
Juice of 1 lime
Salt and pepper to season

Combine all ingredients and enjoy! Try pairing with Trader Joe's Baked Blue Corn Tortilla Chips for a light, yet substantial snack!

by Jenny Hagendorf MS, RDN, LD, CSO

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